



Physiotherapy & Occupational Therapy Center

“The art & science of wellness”

www.ipcu.in



iPCU is the first Physical & Occupational Therapy clinic of Ahmedabad with the most advanced equipments and innovative technique. We are proud to claim that we are the first clinic in India to have Interactive system for exercise and treatment of the patients. Our team of doctors has made number of techniques in which result will be maximum and effort will be minimum. We have also introduced number of techniques for the first time ever you would see anywhere in Ahmedabad; these are highly proven methods at USA and Australia.

iPCU is an integration of highly creative occupational and physical therapists. Our aim is to become most innovative clinic globally. Our team of doctors are continuously doing Research & Development on the new therapy technique which will help patients to achieve their optimum goal.

Our Mission:

Team **iPCU** continuously strives to make their therapy more enjoyable for patients in pain. The process of treatment at **iPCU** involves numerous creative ways of healing and involving patient in treatment. Methods of treatment at **iPCU** are more about bringing happiness than just healing with traditional painful exercises.

Services



Physiotherapy Services

Physiotherapy is a drug-free health care practice. Physiotherapists' main focus is towards reduction of pain, correction of dysfunction and early recovery. Physiotherapists also play an important role in health promotion and disease prevention.



Occupational Therapy

Occupational Therapy is useful for people who have a problem in performing normal Activities of Daily Living (ADLs). The goal of OT is to maximize the ability of each individual to perform self-care, work & leisure activities to the best of their physical, emotional & cognitive abilities; to help people re-learn skills needed to live independent, productive & satisfying lives.



Fitness

Fitness helps people to feel good in every aspect of the health definition. By exercising you could improve the functioning of the body, be calm in your mind and meet new people which make a healthier life.



Diet & Nutrition Wellness Program

Our diet & nutrition wellness program helps you reach and maintain your goal weight for a healthy and more active lifestyle.



Ergonomic advice

Ergonomic advice is mainly focused on employee injury rehabilitation by minimize the root cause of employee injuries and of course absenteeism.

Rehabilitation Programs

- ✓ Orthopedic Rehabilitation
- ✓ Neurological Rehabilitation
- ✓ Cardio & Pulmonary Rehabilitation
- ✓ Pediatric Rehabilitation
- ✓ Oncology (Cancer) Rehabilitation

Integrated Programs

- ✓ Burns Rehabilitation
- ✓ Antenatal & Postpartum Fitness Program
- ✓ Vestibular Rehabilitation
- ✓ Falls Prevention Program
- ✓ Forever young active aging program
- ✓ Pilates
- ✓ Stress Management
- ✓ Custom Splinting & Orthotics



Facilities



Virtual Gaming Program



D Trac

D Trac can relieve the pain associated with herniated discs, degenerative disc disease, posterior facet syndrome and radicular pain.

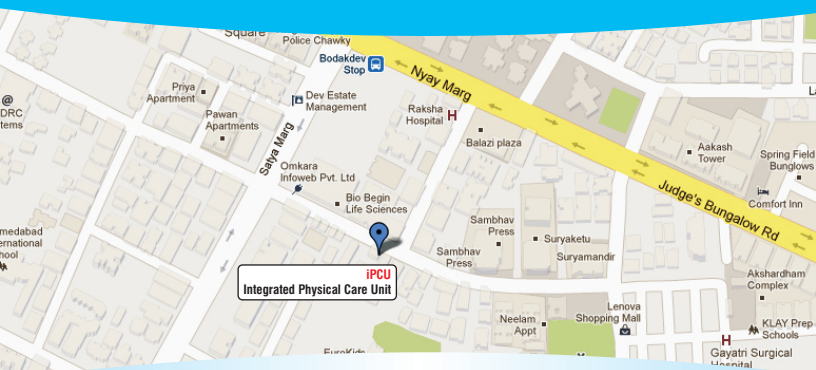
Laser Applicators



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Timing

7:30 am to 1:00 pm & 4:00 pm to 8:00 pm